St. Mark Roman Catholic Parish

55 Driftwood Drive, Kitchener, Ontario N2N 3A2 • 519-571-9200 • www.stmarkcatholicparish.org

PARISH STAFF

Rev. Stephen Murrin – Pastor Rev. Mr. Basil Markides – Deacon Mrs. Pam Olinski – Secretary

LORD'S DAY MASSES

Saturday at 5:00 PM Sunday at 9:30 AM and 11:30 AM

WEEKDAY MASSES

Tuesday 7:00 PM Wednesday 12:00 NOON Thursday, Friday 7:00 AM * Saturday 9:00 AM (*First Friday 7:00 PM followed by Benediction)

CONFESSIONS

Saturday following 9:00 AM Mass and 4:15–4:30 PM or by appointment.

BLESSED SACRAMENT ADORATION CHAPEL

Perpetual Adoration – Spots available, please see chapel bulletin board Divine Mercy – Sundays 3:00 PM Our Lady's Rosary – First Saturday at 10 AM

WELCOME NEW MEMBERS – We invite you to become a registered parishioner. Please fill out a form from the church lobby and drop it in the collection basket or at the parish office. Please call if you would like Father to bless your home.

OFFERTORY ENVELOPES / PRE-AUTHORIZED DEBIT

To receive an annual tax receipt for your donations you are encouraged to use offertory envelopes and/or to enroll in our monthly debit plan. Offertory envelopes can be requested by filling out a parish registration form, or if you are already registered, simply call the office to request a box. Debit plan enrollment forms are available in the church lobby.

BAPTISM – Baptisms are celebrated during Sunday Mass. Two months' notice is required. Please pick up a baptism form in the church lobby, introduce yourself to Father after Mass and give him your completed form at that time. Dates for preparation and the baptism will be confirmed by the parish office only after you have met with Father.

MARRIAGE – At least 6 months' notice is required. Please introduce yourselves to Father after Mass to set up an appointment.

ANOINTING OF THE SICK / HOSPITAL VISITATION

If you or someone you know is in need of the Sacrament of the Sick, please call the parish office or see Father after Mass. Please advise the office of hospital admissions to request Anointing or a pastoral visit.

ST. VINCENT DE PAUL – White Box Collection on the last Sunday of the month. Call 519-571-8485 for information on food distribution.



"... The seed is sprouting and growing ..." (Mark 4:27)

MASS INTENTION REQUEST FORM

To have a Mass celebrated for a living or deceased loved one, please fill out this request form, place it in a plain envelope marked "Mass Intention," and drop it in the Sunday collection, or slip it under the door of the parish office if it is closed. Your intention will be printed in the bulletin and announced at Mass

If you require a Mass card please make your request in person at the parish office during business hours, or call the office to make pick-up arrangements.

The offering for a Mass (for living or deceased) is \$10 per Mass.

I would like to have Mass(es) celebrated for		
\square the intentions of (living) OR \square the repose of the soul of (deceased)		
NAME OF LIVING OR DECEASED PERSON(S)		
Please choose your preferred way of setting the date for this Mass:		
☐ The date of the Mass does not matter.		
OR		
The exact date does not matter, but I would prefer it to be on any: Tues. 7 PM Wed. 12 NOON Thur. 7 AM Fri. 7 AM Sat. 9 AM Sat. 5:00 PM Sunday 9:30 AM Sunday 11:30 AM		
OR		
I would like the Mass to be on this specific date*: *Please submit requests as far in advance as possible to reserve preferred dates. Sunday Masses may only be requested twice per year. All other requests will be satisfied on weekdays.		
Requested by:		
Daytime Phone # or email:		

We will attempt to contact you if we are unable to accommodate your request.

Mass Intentions for the Week

March 9 - 15, 2020

Monday - NO MASS

Tuesday (FERIAL)

7:00 PM - Int. of Meta Cimermancic – Cimermancic family

Wednesday (FERIAL)

12 noon + Deceased of Antonio & Amelia De Sousa Family

Thursday (FERIAL)

7:00 am - Intentions of Nathan Kolbas - Flood family

Friday (FERIAL)

* 7:00 PM - Int. of Jerry & Helen Kieffer - M. & M. Woodhouse

- followed by Stations of the Cross

Saturday (FERIAL)

9:00 am + Hung Van Nguyen – Phuong Nguyen

THIRD SUNDAY OF LENT

Exodus 17:3-7; Romans 5:1-2, 5-8; John 4:5-42

Sat. 5:00 PM - Intentions of Parishioners of St. Mark

Sun. 9:30 am + Abramo Sgarbossa - Cristina Sgarbossa & Family

11:30 am + Hung Van Nguyen – Phuong Nguyen



During Lent, Mass on Fridays will be celebrated at 7:00 p.m. followed by Stations of the Cross.

Weekly Offertory Report for Feb.29/Mar.1, 2020 YTD - WEEK 9 THIS WEEK Offertory Collection: \$3,160.28 \$ 29,916.68 Pre-Authorized Debits: \$ 1,452.58 \$ 12,471.00 **Total Offerings:** \$4,612.86 \$ 42,387.68 Budget: \$ 5,200.00 \$ 46,800.00 Under Budget: (\$ 587.14) (\$ 4,412.32) Mortgage Offerings to date this year: \$ 6,954.00

Thank you to all those who picked up their Tax Receipts.

This resulted in a savings to the parish of \$237.65 in postage. The cost of mailing out the remaining receipts was \$108.64.

A.E.D. – What does that stand for?

A big thank-you to our Knights of Columbus, who through their fund-raising efforts, donated to the parish \$2,000 toward the purchase of an **Automated External Defibrillator**.



An A.E.D. is used to help those experiencing sudden cardiac arrest. It's a sophisticated, yet **easy-to-use**, medical device that can analyze the heart's rhythm and, if necessary, deliver an electrical shock, or defibrillation, to help the heart re-establish an effective rhythm.

Our A.E.D. is now located next to the fire extinguisher in the narrhex (main lobby). Over the next few weeks we will be taking the names of anyone interested in attending a session on first aid and A.E.D. use.

If you would to watch a brief overview of how to use this device, please watch this YouTube video which was produced by Action First Aid: https://tinyurl.com/grhkfar.

Meetings & Events This Week:

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<u>DATE</u>	<u>TIME</u>	ROOM	EVENT
Sun. Mar. 8	12:30 pm	(H)	Passion Play practice
Mon. Mar. 9	7:15 pm	(B)	A Quick Journey Through the Bible
	8:00 pm	(M/L)	Alcoholics Anonymous
Tue. Mar. 10	7:00 pm	(B)	Keys to Loving Relationships
	7:30 pm	(M)	Knights of Columbus Exec. meeting
Wed. Mar. 11	6:30 pm	(CH)	9:30 Choir practice
Thu. Mar. 12	6:15 pm	(M)	Legion of Mary
	6:30 pm	(H)	Alpha (all rooms)
	7:30 pm	(CH)	5:00 Choir practice
Fri. Mar. 13	6:00 am	(M)	Men's group
Sat. Mar. 14	7:15 am	(H)	That Man Is You!
	9:30 am	(H)	C.W.L. Lenten Retreat
Meeting Rooms:	B = Basem		H = Church H = Hall * = Offsite

For the second Sunday of Lent, we move from Jesus' retreat to the desert to his Transfiguration. Each year on the first Sunday of Lent, our Gospel tells the story of Jesus' temptation in the desert. On the second Sunday of Lent each year, we hear the story of Jesus' Transfiguration.

 \overline{J} = St. John Room L = St. Luke Room M = St. Matthew Room

The story of Jesus' Transfiguration is told in the three Synoptic Gospels: Matthew, Mark, and Luke. In each of those Gospels, the Transfiguration follows Jesus' first prediction of his death and his teaching about the costs of discipleship. Jesus' Transfiguration is a promise of Jesus' glory, his Resurrection.

On a mountain in today's reading, a voice affirms that Jesus is God's Son in words reminiscent of the voice at Jesus' baptism. In addition, the appearance of Moses and Elijah on the mountain connects this story with God's relationship to the people of Israel. Moses and Elijah represent the Law and the Prophets, respectively. Together with Jesus, they represent God's complete Word.

The Transfiguration occurs in the presence of just three of Jesus' disciples: Peter, James, and John. In Matthew's Gospel, those disciples are among the first whom Jesus calls. The three men are identified as an "inner circle" among Jesus' disciples when Jesus asks them to accompany him to the Garden of Gethsemane just before his arrest.



PASSION PLAY

Good Friday, April 10th 7:00 p.m. IN THE PARISH HALL Open invitation to those wishing to participate! Please call Julio & Sonia Chacon at 519-954-2062 for more info. *Practices on Sundays after 11:30 Mass.*

Diocesan Prayer Calendar - This week, let us pray for...

MARCH 9	MARCH 10	MARCH 11	MARCH 12	MARCH 13	MARCH 14
Rev. Francis	Rev. Edward	Lay Parish	Rev. Franjo	Rev. Peter	Rev. Don
Trzupek	Hampson	Ministers	Sprajc	Meyer	Sanvido

Prayer for Vocations: God, the source of creation and love, You invite each of us to serve you through the life which is your gift. May your grace encourage men and women to heights of holiness through service to the Church as priests, sisters, brothers, and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same. Amen.

EXTRA CONFESSION TIMES FOR LENT

Tues. March 24:	7:30 – 8:30 РМ	Fr. Steve Murrin
Wed. March 25:	12:30 – 1:30 РМ	Fr. Chris Buda, C.R.
Thurs. March 26:	3:00 – 4:00 РМ	Fr. Stephen Gilbert



March 14 / 15	5:00 рм Mass	9:30 AM Mass	11:30 AM Mass
Altar Servers:	V./P./J. Miller G./S. Morgan	E./T./T. Morgan	N./A. Gallagher
Commentator:	S. Rellinger	D. Cutting	I. Kangaloo
1 st Reader: 2 nd Reader:	N. Higgins	T. Lee / J. Meenan	M. Smith M. Oram
Ushers:	L. Macedo	B. Coutinho J. DeSousa P. Drohan	C. Dignam
Gift Bearers:		Children's Liturgy Kids	Chacon
Eucharistic Ministers:	A. Bendia C. Dokis G. Kubisewsky	B. Seaward M. Walser T. Angel	D. S-Weber E. Weiss A. Monte

Winter Saturday Socials! Mark your calendar!

We hope everyone had a great time at the Games Night last Saturday! Now we look forward to two more socials on the calendar... join us!

- ♦ SAT. MARCH 21 ~ FAMILY CHILI NIGHT ~ 6:00 8:00 p.m. Free admission with a non-perishable food item. Join us after Mass for a hearty bowl of chili and fellowship with your parish family.
- ◆ SAT. APRIL 25 ~ ADULT WINE & CHEESE ~ 6:30 9:30 p.m. This night is for Adults Only with a goodwill offering. Join us for a relaxing evening with great wine and charcuterie!

Kindly sign up in the narthex if you plan to attend!

MUSIC DURING LENT

The highest point in the Church's year of prayer is the Sacred Paschal Triduum celebrating the dying and rising of the Lord Jesus. We prepare for this three-day period during the Season of Lent and prolong it for the great 50 days of the Easter Season ending with the Feast of Pentecost on May 31st.

Beginning on Ash Wednesday, we refrain from singing the "Alleluia" (a rejoicing praise to God) until the believing community has undergone conversion and is ready to sing this chant with renewed meaning at the Easter Vigil. The "Glory to God in the highest" is also omitted and will not be sung again until Holy Thursday, the beginning of the Easter Triduum.

During Lent, the music setting for the Parts of the Mass will change to plainchant and the Penitential Rite at the beginning of Mass will be sung. At the Sunday 9:30 Mass, the 'Holy, Holy' and the "Lamb of God" will be sung in Latin.

Also during Lent another change is the removal of the holy water from the fonts until Holy Saturday when new water will be blessed.

Preparation for the Sacrament of Confirmation

An information meeting for parents took place in January. Preparation sessions for students and parents will begin at the end of March. Please be reminded of the dates:

SUNDAYS from 12:45 - 1:45 PM:

March 29	Candidates only	Discussing "What Builds Our Faith"
April 19	Candidates & Parents	A Teaching Mass with Father Steve
May 3	Candidates & Parents	Reviewing the Seven Sacraments
May 17	Candidates only	Discussing "The Gifts of the Holy Spirit"

Communion to the Housebound

Do you have a Catholic family member or friend who is unable to come to Mass but would like to receive Holy Communion in their home? If so, please leave their name with Pam at the office (stmark@rogers.com) and we will arrange for someone to bring them communion.

C.W.L. News...

- C.W.L. LENTEN RETREAT for all St. Mark C.W.L. members, this Saturday, March 14th Fr. Steve will explain the relevance of the Easter Tritium, and lead us through a Teaching Mass, helping us prepare our hearts and souls for Lent. The day starts with Mass at 9:00 a.m. and will finish at 12 noon. Confession will be available at the end of our retreat.
- RESCHEDULED! C.W.L. REGIONAL MEETING Sat. March 21st (Originally scheduled for Feb. 29th but cancelled due to weather.)
 St. Mark's C.W.L. is hosting the regional meeting day beginning with Mass at 9:00 a.m. Socialize with your C.W.L. Sisters from the Hamilton Diocese and meet the executive team. Find out about upcoming events for our 100th Anniversary celebration. We will not see another celebration like this for a long time. Looking forward to seeing you on this important day.

◆ C.W.L. 200 FOR 2020 PROJECT

St. Mark's C.W.L. is looking for assistance in supplying St. John's Kitchen with much needed items. From February 15th until March 30th we will be collecting 200 gently used coffee mugs, 200 spoons (coffee or soup), 200 forks, 200 gently used/new tea towels, and 200 gently used/new bath towels. We have chosen St. John's Kitchen as our community project. They have been providing hot meals to over 300 people a day for the last 30 years, and recently provided a shower program, among other services. Please keep this organization in mind when you go through your cupboards and closets, and donate to this worthy, humanitarian cause.

History of Lent by Fr. William Saunders

(...CONTINUED FROM LAST WEEK)

- St. Athanasius (d. 373) in this "Festal Letters" implored his congregation to make a 40-day fast prior to the more intense fasting of Holy Week.
- St. Cyril of Jerusalem (d. 386) in his Catechectical Lectures, which are the paradigm for our current RCIA programs, had 18 pre-baptismal instructions given to the catechumens during Lent.
- St. Cyril of Alexandria (d. 444) in his series of "Festal Letters" also noted the practices and duration of Lent, emphasizing the 40-day period of fasting.

Finally, Pope St. Leo (d. 461) preached that the faithful must "fulfill with their fasts the Apostolic institution of the 40 days," again noting the apostolic origins of Lent. One can safely conclude that by the end of the fourth century, the 40-day period of Easter preparation known as Lent existed, and that prayer and fasting constituted its primary spiritual exercises.

Of course, the number "40" has always had special spiritual significance regarding preparation. On Mount Sinai, preparing to receive the Ten Commandments, "Moses stayed there with the Lord for 40 days and 40 nights, without eating any food or drinking any water" (Ex 34:28). Elijah walked "40 days and 40 nights" to the mountain of the Lord, Mount Horeb (another name for Sinai) (I Kgs 19:8). Most importantly, Jesus fasted and prayed for "40 days and 40 nights" in the desert before He began His public ministry (Mt 4:2).

Once the 40 days of Lent were established, the next development concerned how much fasting was to be done. Over the years, modifications have been made to the Lenten observances, making our practices not only simple but also easy.

(...TO BE CONTINUED NEXT WEEK)



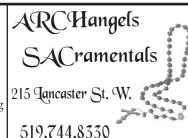
Please note: Communion under both species at the weekday Masses will be **discontinued** until the end of flu season.



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